



tendo world aikido®

STAGE OF AIKIDO

2 – 3 MARCH 2019

C/O DOJO MAKOTO ASSOCIATION

VIA UGO FOSCOLO, 16 - 04012 - CISTERNA DI LATINA (LT) - ITALY
STAGE by Eckhardt Hemkemeier - Master 5 Dan Aikido Tendoryu



We are pleased to invite you to the internship curated by Eckhardt Hemkemeier - Master 5 Dan Aikido Tendoryu, to be held on March 2nd and 3rd 2019, at the Dojo Makoto Association of Cisterna di Latina - South Italy, the event is open to all , beginners and advanced, taking cover that will be possible to stay for free in the Dojo.

PROGRAM

SATURDAY 2nd MARCH 2019

Reception and registration from 4.30pm to 5.00pm

Aikido practice session: 5.00pm - 7.00pm

SUNDAY 3 MARCH 2019

Reception and registration from 9.30 to 10.00

Aikido practice session: 10.00am - 12.00am - 3.00pm - 5.00pm

COSTS

Entire internship: 45 euros (6h)

Students:35 euros (6h)

Single session:25 euros (2h)

Terms and conditions of registration, payment of 50% of the participation fee to the following IBAN address: IT36E0335901600100000138904 - write in the reason, Stage Aikido March 2019, name and surname of the participant registered at the internship, send the copy of the payment to the following e-mail: asd.dojo.makoto@gmail.com;

The Dojo Makoto, is a place reserved for the practice of Aikido and Respiration, it differs from a gym where courses of different disciplines are followed, this particularity allows to preserve the environment necessary for meditation and inner research.

www.tendo-world-aikido.de - www.tendoryu.it